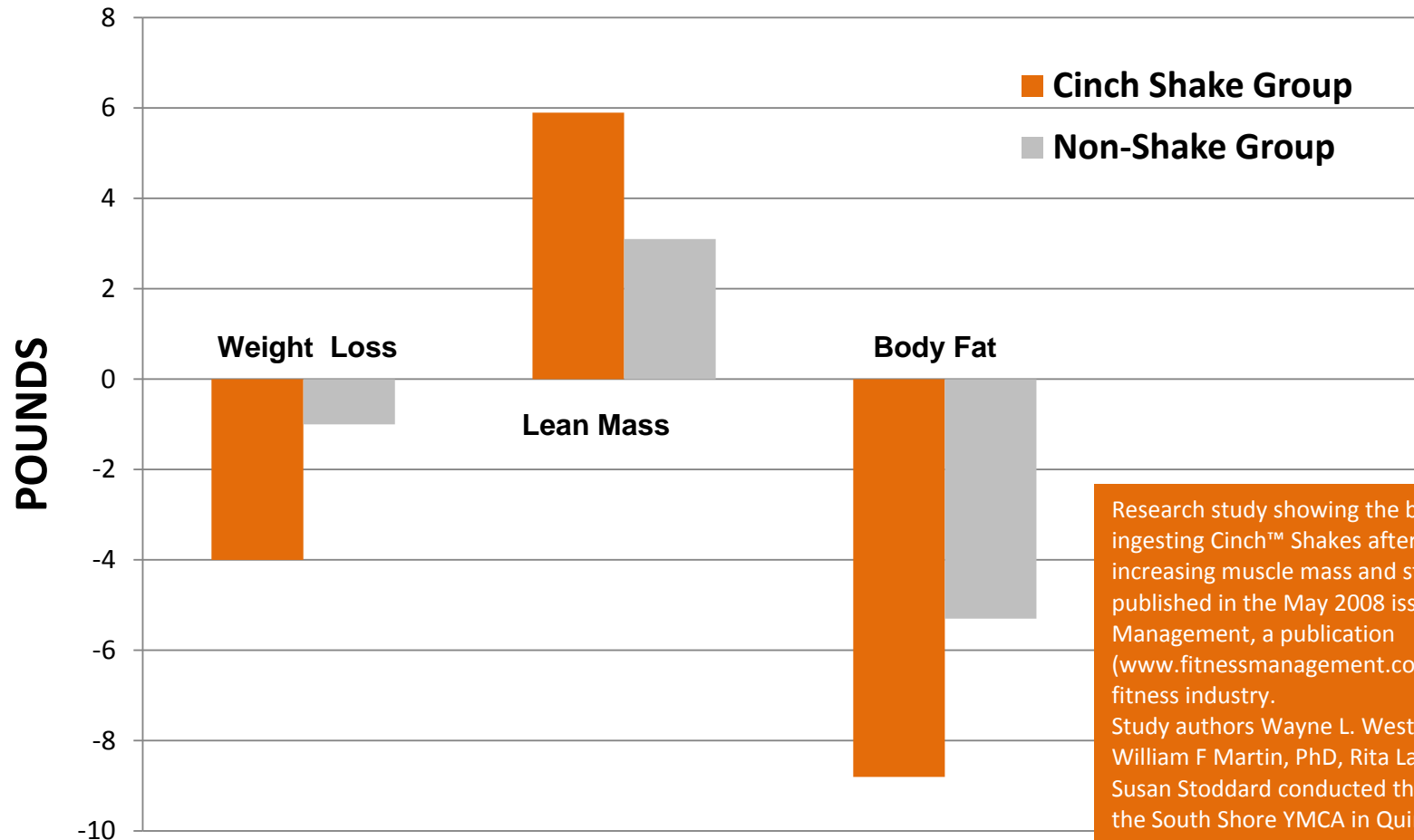




- Proprietary Cinch™ Pro protein blend
- Enhanced with Leucine
- 24 grams of protein
- 5-6 grams of fiber
- Low glycemic
- No artificial colors, sweeteners, or flavors
- 4 great flavors: Café Latte, Chocolate, Vanilla & Strawberry
- Vanilla is available in soy or whey protein blend formulas

Changes in Body Composition Cinch Shake vs. Non-Shake Groups



Research study showing the benefits of ingesting Cinch™ Shakes after a workout for increasing muscle mass and strength was published in the May 2008 issue of Fitness Management, a publication (www.fitnessmanagement.com) for the fitness industry. Study authors Wayne L. Westcott, PhD, William F Martin, PhD, Rita La Rosa Loud, and Susan Stoddard conducted the research at the South Shore YMCA in Quincy, MA.